BALVIHAR

Registration Form 2023-2024

Hindu Temple of Rochester

120 Pinnacle Road, Rochester, NY - 14534 Tel: (585) 427-8091

For office use only (do not fill) Member: \$120		Non-memb	per: \$150	Check#:	
				**** Checks are preferred ****	
Memb	er (Circle One):	Yes	/ No		
Last Name:			First Name: _		
Male/Female:			Date of Birth:		
Father's Name:		1	Mother's Name:		
Addres	ss:				
Home Phone:			Cell Phone:		
Emergency Contact:			Email:		
Allerg	ies/Health Concerns:				
	We, parents/guardians acknowledge that we have read the "dos and donts" with my child attending Balvihar; He/She is aware of these expectations.				
Permis	ssion Slip for Pick up Will attend Hind			the Hindi class teacher)	
	Will pick up child/children at the door of the Hall				
	Send my child/ch	Send my child/children upstairs; he/she will wait in the main hall of temple			
	Send my child/ch	aildren out to	the parking lo	ot for pickup	
	My child/children will be picked up by & will wait in hall come to parking lot go upstairs to wait				

Balvihar Dos and Donts

- 1. Please come to Balvihar on time. Meditation begins at 9:20 am and the Assembly begins at 9:30. We strongly encourage all children to come to Meditation.
- 2. Please place your footwear in the designated areas or cubbies.
- 3. Indian attire is most welcome!! Good way to use all the Indian outfits sitting in the closet.
- 4. Make sure you are ready for class: please visit the restroom and get a drink before the class.
- 5. Balvihar shlokas and bhajans can be accessed online in the Hindu Temple website:

Bhajans: https://htor.org/balvihar/bhajans

Shlokas: https://htor.org/balvihar/shlokas

Hanuman Chalisa: https://htor.org/balvihar/hanuman-chalisa

Please read and listen to it regularly so you are familiar with them.

- 6. Place Balvihar materials in a bag and use it only for Balvihar. Don't forget to bring it to class every week.
- 7. Please keep us updated with your contact information.
- 8. Please update us in case of any new allergies or changes to your health
- 9. Do not forget to tell your parents about any announcements we make in Balvihar.
- 10. Display the Balvihar calendar where you can see it easily.
- 11. Do check out the Balvihar Library. We have an amazing collection of books about our rich Indian heritages and the Indian subcontinent.
- 12. Please do not run in the temple.
- 13. You should not use your cell phone during Balvihar.
- 14. Remember, our temple is a very special and sacred space; please be respectful and speak in a quiet voice.
- 15. Please remember that all the Balvihar teachers are volunteers; We spend a good number of hours getting ready for the classes and planning the activities. Attend all the classes and please ask us any questions you have about the material we cover. Practice the shlokas so you can memorize them.
- 16. Don't forget to have FUN in Balvihar!!! We are so happy that you are part of the Balvihar family.